Vegetable Creatures

Bagel Smiles

3 whole wheat bagels
1/4 cup whipped cream cheese
assorted fresh vegetables for decorating faces—asparagus spears, shredded carrots, sliced red bell pepper, raisins, broccoli florets, drained canned beans (black garbanzo, pinto, kidney), cherry or grape tomatoes, summer squash rounds, olives

1. Split bagels in half
2. Spread cream cheese over each bagel half
3. Use your imagination to create faces using fresh vegetables.

A bagel is a bread product, traditionally shaped by hand into the form of a ring from yeasted wheat dough, roughly hand-sized, which is first boiled for a short time in water and then baked. The result is a dense, chewy, doughy interior with a browned and sometimes crisp exterior. Bagels are often topped with seeds baked on the outer crust, with the traditional ones being poppy or sesame seeds. Some also may have salt sprinkled on their surface, and there are also a number of different dough types such as whole-grain or rye.

READING ACTIVITY
How many words can you make from the letters “b-a-g-e-l –s-m-i-l-e-s?” You will have three minutes to write as many words as possible. (Examples: bag, beg, big, leg, sell, etc.)

P.A.S.S. Reading—Grade 2: 1.1. Grade 3: 1.1 (phonics)

The Blob

carrots cheese spread peanuts

1. Trim and scrape carrots
2. Lay carrot on cutting board, and cut it in half, once crosswise and once lengthwise.
3. Dip the carrot pieces into the cheese spread.
4. Push peanuts into the cheese spread so they look like eyes.

LANGUAGE ARTS ACTIVITY
Write a paragraph about your “blob.” Does it have a name? Where does it live? How did it get its name? How was it created? What does it do? Does it get into trouble? (You’ve just written about a character, a setting, and a plot.)

P.A.S.S. Reading—Grade 2:6.2. Grade 3: 5.2a. Grade 4: 4.2. Writing—Grade 2: 2.1,2. Grade 3: 2.1,2. Grade 4: 2.2

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Bugs on a Log

4-in sections celery (washed and dried) peanut butter raisins

1. Fill celery sticks with peanut butter.
2. Press raisins here and there to represent bugs.

MATH ACTIVITY:
Count the number of "bugs" on your log. Now estimate how many "bugs" are in your classroom. (Multiply your number by the number of students in your classroom.) Students will each report how many "bugs" they put on their logs. Add the total. Students will report how close was your estimates came to the correct number?

P.A.S.S. Math Content—Grade 3: 3.2c; 5.1ab. Grade 4: 3.1,3; 5.1. Grade 5: 3.1; 5.1

Celery and Pretzel Butterflies

celery cream cheese or peanut butter small pretzels licorice

1. Cut a small slice of celery to form the body of the butterfly.
2. Spread cream cheese or peanut butter inside the stalk of celery.
3. Add four small pretzels for the butterfly wings.
4. Add two licorice pieces for the antennas.

SCIENCE ACTIVITY
Use 1 long stalk of celery. Measure, using a ruler. Write down the total length on an index card. Arrange your card with other students’ cards from shortest to longest length. Arrange the celery stalks from shortest to longest. Students use plastic knives to measure and cut 2-inch segments of celery.

P.A.S.S. Science Process—Grades 2-5: 1,2

One-Eyed Monster

one bell pepper cheese spread sliced olives

1. Cut the bell pepper in half, and remove the seeds and membrane.
2. Cut each half into four wedges.
3. Spread cheese spread on the wedge, and place an olive slice in the center.

READING ACTIVITY
Read the book Where the Wild Things Are, by Maurice Sendak. Discuss ways your one-eyed monster could have fit into this story. Is this story fiction or non-fiction? What elements tell you it is fiction?

P.A.S.S. Reading—Grade 2: 5.1; 6.2. Grade 3: 4.1d; 5.1. Grade 4: 3.1; 4.2

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